

10 Minutes/10 Years: Your Definitive Guide To A Beautiful And Youthful Appearance By Fredric Brandt

By Fredric Brandt

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Dr. Fredric Brandt, He also was the author of 10 Minutes 10 Years: Your Definitive Guide to a Beautiful and Youthful Appearance and Age-Less: The Definitive

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Dr. Fredric Brandt, 65-year-old, Dr. Fredric Brandt wrote two books: one is 10 Minutes/10 Years: Your Definitive Guide to a Beautiful and Youthful Appearance.

Fredric Brandt. From Wikipedia, the free encyclopedia Brandt was the author of two books about the skin aging process and retention of youthful appearance.

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